

## PARENT HANDBOOK

# Early Learning and Early Intervention for Young Children

Toddler
Playschool
Junior Kindergarten (Pre-K)
Outdoor Adventures
Kindergarten
Kids Kamp
Early Intervention

4725 - 43rd Street, Sylvan Lake, AB, T4S 1M3 Ph: (403) 887-5330 Fax: (403) 887-5331 Email: <u>info@kcs78.ca</u> <u>www.kcs78.ca</u>

## **CONTENTS**

#### Section:

I Welcome to **kcs** Association Team of Professionals Our Organization

### II Committed to Quality

## III General Things You Need To Know

Class Days and Hours

Yearly Schedule

Arrivals and Departures

Subsidy

Strategies for Guiding Behavior

Provision of Snack

Clothing

Field Trips and Special Events

**School Closure** 

**Emergency Evacuation Plan** 

Notification of Termination/Withdrawal

Suspension/Dismissal

Parent Early Learning Team Communication

## IV Programs for Children

Model for Learning

**Programs** 

- Toddler
- Playschool
- Jr. Kindergarten/Pre-Kindergarten
- Outdoor Adventures
- Kindergarten
- Kids Kamp
- Early Intervention
- Afterschool
- V Early Learning Program Fees
- VI Parents as a Part of Our Team
- VII Health and Safety

## **SECTION 1 – Welcome to kcs Association**

## kcs Association Land Acknowledgement

kcs Association acknowledges that we are located on the territory of Treaty 6. We recognize the people of First Nations, Métis, Inuit, and all First Peoples of Canada and respect the histories, languages and cultures of all.

#### **TEAM OF PROFESSIONALS**

Board of Directors
Allan Bertamini, President

Principal/Executive Director Lauren Doan

Early Learning Program Director Nicole St. Louis

**Educators** 

Early Interventionists

**IPP** Coordinator

<u>kcs Parents Committee</u>
Parent and Community Volunteers whose efforts support our Early Learning Centre

#### **PROGRAM SUPPORTS**

Typically, throughout the year, we have practicum students from Red Deer Polytechnic and H.J. Cody School. We also have work experience students from various service agencies in Central Alberta.

#### **OUR ORGANIZATION**

**kcs** Association provides a variety of programs and services to children, youth, adults and their families. Serving Sylvan Lake and the surrounding communities since 1978, kcs Association is staffed by a skilled and dedicated team of professionals. Together with parents, volunteers, community members and agencies, **kcs** Association supports the growth and development of all children, youth and adults.

#### **OUR VISION**

A community strengthened through achievements of its members of all abilities.

#### **OUR MISSION**

To meet the individual needs of children, youth, adults, and their families through collaborative partnerships, quality supports & services and by maintaining a skilled and dedicated team of professionals.

#### **OUR PHILOSOPHY**

We believe in:

- The uniqueness and dignity of each person
- The inclusion of each person with their own gifts & capabilities
- Supporting the person as an individual and the family as a whole
- Fostering connections of each person and their family with resources in the community
- Working with each person, their families and social networks to ensure safety and well-being
- Recognizing and appreciating the efforts of each person, their supporters and staff
- Teamwork and the importance of effective communication
- Fun, laughter & play as the essential ingredients to positive learning & enhanced self- esteem

#### **PROFESSIONAL TEAM**

We are committed to maintaining a skilled and dedicated team of professionals. These professionals include:

- Certified teachers
- Early Learning Educators
- Early Intervention Educators
- Health care professionals
- various specialists (speech language pathologists, occupational and physical therapists, etc.)

All members of the kcs Team must submit a Criminal Record Check and a Vulnerable Sector Check before commencing employment, as well as, a Child Intervention Check. We also require First Aid/CPR training to meet Licensing requirements. Additional training is undertaken as needed.

#### **Board of Directors**

**kcs** Association is a non-profit society and charitable organization that is run by a volunteer Board of Directors. The Board sets the course of direction for the Association through its policies and procedures and looks after the financial and legal affairs of the Society. The Board meets monthly and takes part in an annual retreat day. The Board facilitates the Annual General Meeting of Society members, usually in April.

#### **Principal/Executive Director**

The Principal/Executive Director oversees and manages the everyday operations of the Association and reports to the Board.

#### Advisory Committee (LAC) - kcs Parents

The Advisory Committee consists of parents from our different programs. They provide feedback to the Early Learning Program Director. They also volunteer to help with activities like field trips, monthly newsletters, fundraising etc.

#### **Financial Administrator**

The financial records and internal financial activities are managed by our Financial Administrator. However, the financial statements for the Board are prepared by an independent party.

#### **Program Directors**

The Early Learning/Early Intervention Program Director is responsible for setting and monitoring the curriculum, evaluating individual progress, and supporting the team of Educators. The Family Supports Director manages supports to families in this program. The Adult Services Program Director delivers quality services to the adults in this program. The Leadership team works together with the Principal/Executive Director to coordinate the Association's activities. They meet once a month to review all programs and services to ensure that they are working to meet and support and developmental needs of individuals.

## **SECTION II**

#### **COMMITTED TO QUALITY**

**kcs** Association strives to ensure quality programs and services for children, youth, adults and families through continuous Team development and monitoring quality programs.

#### STAFF DEVELOPMENT

As the ongoing training and development of the kcs Team is essential in providing exemplary programs and services, we are closed approximately one day per month for professional development. These days may be used for team development, planning and training. The Team members attend conferences and workshops periodically throughout the year.

#### **ASSURING QUALITY PROGRAMS**

#### **Educator Growth and Development**

We support and encourage educators to pursue continuous training and development. This policy contributes to the continued excellence of our programs and services.

#### **Annual Evaluations**

Annual evaluations are completed for:

- kcs Association programs, organization etc. by parents and team members
- Principal/Executive Director by Board and representatives from the kcs Team and our families
- Program Directors by Principal/Executive Director
- Program Team members by our stakeholders, peers and supervisors





#### **Program Reviews**

These are conducted by:

- Alberta Education
- Early Learning & Child Care (Central Region CFSA)

#### **Professional Memberships**

The Association holds the following memberships:

- kcs Association member of Alberta Independent School and College Association (AISCA)
- Chamber of Commerce

#### **Acts and Governances**

We are governed by the:

- Society Act
- Education Act
- Family Support for Children with Disability Act
- Early Learning and Child Care Act
- Early Learning and Child Care Regulation
- Child, Youth & Family Enhancement Act
- Persons with Developmental Disabilities Community Governance Act
- Protection of Persons in Care Act
- Freedom of Information and Personal Privacy Act
- Privacy of Personal Information Act
- Health Information Act

## **SECTION III**

#### GENERAL THINGS YOU NEED TO KNOW

#### **CLASS DAYS AND HOURS**

| Toddler               | Daily (M,T,W,TH,F)                           | 9:15 AM – 2:45 PM                        |
|-----------------------|--|--|
| Playschool**          | Daily (M,T,W,TH,F)                           | 9:00 AM – 2:30 PM                        |
| Junior Kindergarten** | Daily (M,T,W,TH,F)                           | 8:45 AM – 2:15 PM                        |
| Kindergarten** N      | Mon, Wed, and alternating Fri (see calendar) | 9:00 AM – 3:00 PM                        |
| Outdoor Adventures**  | Tues, Thurs, alternating Fridays             | 9:00 AM – 2:30 PM                        |
| Kids Kamp**           | On a weekly basis (4 days/week)              | 8:30 AM – 3:30 PM<br>July through August |
| Early Intervention    | Daily (M,T,W,TH,F)                           | Same as Program Time                     |
| Extended Hours        | Program Days                                 | 8 AM – 4:30 PM                           |

\*\*Please note, all children must be potty trained, with the exception of our Toddlers and Early Intervention children.

#### YEARLY SCHEDULE

Classes begin the week of Labour Day and continue to mid - June. The yearly calendar will be posted on the website in August. The monthly newsletter will include information on what is happening in your child's class, what the interest is and holiday closures. Please see attached yearly schedule.

#### ARRIVALS AND DEPARTURES

We ask that you please

- park at your designated area given to you by your child's educator
- be sure that your child is dropped off and picked up promptly at set arrival and dismissal times
- contact the school if someone other than the usual or designated person will be picking up your child
- notify the school of any absence or illness
- keep your child home if they are ill

These procedures are in place to ensure the health, safety and supervision of your child as well as to assist with the operation of our programs.

It is also necessary to provide an emergency contact, other than a parent, who will be available to pick-up your child in **less than 30 minutes if needed.** 

If a child is picked up late, a late charge of \$20.00 per 15 minutes will be applied.

#### RECORDS

All administrative records are maintained and stored in the main office, including Children's Records. All portable records for exiting the site for any reason are kept in the individual classrooms.

#### UNAUTHORIZED/INTOXICATED PERSONS POLICY

An 'Unauthorized Person' is anyone who is not clearly stated on the registration form and/or any person who is incapable (intoxicated, medicated, etc.) of caring for your child. It is important for **kcs** Association staff to know who is authorized to pick up your child thus the 'alternative pick-up' person listed on the registration form must be kept up-to-date. If an unauthorized person arrives to pick up your child, access will be denied. Your child will remain under the supervision of **kcs** Association Team until an authorized person arrives for pick up. Authorized persons are required to show photo identification.

Note: Biological parents cannot be designated as unauthorized persons without clearly stated legal documentation on file. These individuals can be deemed as 'unauthorized' by kcs Association staff if they are incapable (intoxicated, medicated, etc.) of caring for your child. There will be zero tolerance for unsafe situations, including situations where the person picking up the child is intoxicated or medicated. Team members shall offer these individuals a safer alternative than driving. Team members will refuse to release children into these unsafe situations.

#### **SUBSIDY**

Subsidies are available to offset the cost of child care for eligible families. Families qualify if they earn \$180,000.00 or less per year. Find more information and how to apply here: Child care subsidy | Alberta.ca

#### STRATEGIES FOR GUIDING BEHAVIOUR

At **kcs** Association, we understand the nature of young children's tremendous level of curiosity and the need to test and explore things. The role of the Early Learning Team is a supportive one in assisting the child to develop their sense of self in connection with others. We follow an active approach of observing and modifying the environment, as needed, so that children can be successful.

Interventions are made when a child requires extra support work. Interventions include: redirecting play activity, separating the child from the problem, pre-planning, modeling, and role-playing appropriate behavior. The team works with parents to develop strategies and provide help as needed.



#### DISCIPLINE POLICY

kcs Association defines discipline as, "training or instruction used to help a child understand expectations for positive social interactions and to learn self-control by reinforcing safe and socially acceptable behaviors." The Team may use redirection, modeling, verbal and/or visual cues, giving time away from the group and/or activity or assist the child with specific choices, as is reasonable for the circumstances. Centre staff do not deny or threaten to deny any necessity. Any act of physical or verbal degradation or emotional deprivation is not allowed. Corporal punishment-(spanking), physical restraint, isolation or confinement-is not permitted at our Centre. Child guidance/discipline plans for children, whose ability to understand and learn self-control is impaired because of a developmental delay or disability, shall be developed based on the child's individual needs.

If a child requires behavioral support while at the Centre, he/she is assisted in taking some time away from the situation to allow time to calm down. The amount of time away will depend on the child. A Team member then speaks with the child explaining why such behavior is not acceptable. The child will be allowed to return to the group or activity after indicating to the Team member that he/she is ready. The Team will monitor and support time away.

#### PROVISION OF SNACK and LUNCH

**kcs** Association will provide a snack-time twice during the day and one scheduled lunch-time. Snack and lunch items are the responsibility of the parent(s). **kcs** does keep extra snack items on hand to be issued if necessary. A Team member will inform parents if additional snacks are needed for a child and/or if alternative snacks are required due to allergies in the class. If a child does have a special diet due to health concerns, extra snack items supplied by the parent can be kept in the class to be used as needed.

Safety is a priority. To reduce the risk of choking, small, hard, or round foods are not allowed as they can block a child's airway. Please grate or finely chop hard vegetables and fruits. Remove pits from fruit and cut grapes into quarters. Wieners must be cut into length wise spears. No beverages are provided to children while napping to avoid choking. Please Note that **kcs** Association is a nut safe zone, no foods containing nuts are permitted on site.

#### Peanut/Nut Safe Policy and Allergy Guidelines

We are a peanut/nut safe-zone. This means that no peanuts/nuts or products that say may contain are allowed in our Centre. This is for the protection of children who experience life threatening reactions. This can occur when peanut/nut residue on somebody's hands contacts a surface that the allergic person then touches. Classroom allergy information will be shared with the class parents. You may be given a list of foods that cannot enter the Centre and a list of the substitutes that may be brought instead. Please provide healthy choices.

#### **CLOTHING**

Please make sure that your child comes to school dressed in clothes that are for play. This means clothing that is easy for your child to put on and take off. Velcro shoes or slip-on runners and elastic waist pants are recommended for toddlers and play schoolers.

It is important to:

- have a complete change of clothes appropriate for the weather
- label all items to help staff keep track of clothing
- keep a pair of indoor footwear at the Centre
- send belongings in a clearly marked bag or backpack

#### SCHOOL CLOSURE

The Centre will be closed on the following holiday periods:

- Labour Day (September)
- Truth and Reconciliation Day (September)
- Thanksgiving Day (October)
- Remembrance Day (November)
- Christmas Break (2 weeks) (Dec./Jan)
- Family Day (February)
- Spring Break/Easter (1 week) (March/April)
- Victoria Day (May)
- Canada Day (July)
- Heritage Day (August)

#### **Professional Development Days**

There will be no classes on designated professional development days. These days are scheduled for the year and indicated on the calendar given to all parents at the beginning of the year.

#### Weather Policy

Severe weather closure takes effect when driving is restricted/not permitted. We do not close based on temperature, however outdoor activities will be restricted due to inclement weather. The decision to close will be made 2 hours prior to the beginning of the program and communicated through "Remind". Please ensure that you join Remind according to the instructions given by your child's educator to ensure you receive important messages.

#### **EMERGENCY EVACUATION PLAN**

In case of emergency, children at the Centre will:

- 1. exit out of the Centre through the main north doors led by the Team member in charge, carrying portable emergency records, first aid kits and any medications needed
- 2. ensure that all children are evacuated by having a Team member check the washrooms, closets, and play areas
- 3. key Team member will notify the fire department or other emergency personnel
- 4. assemble on the sidewalk along the west side of the C.P. Blakely playground and near the mailboxes outside the Community Center on 43<sup>rd</sup> Street
- 5. conduct a roll call to make sure all the children are accounted for
- 6. proceed to the Alliance Church if necessary
- 7. parents will be notified to pick up their children as soon as possible

This procedure is posted on the loop doors along with contact information.

It is the policy of the Centre to practice a fire drill once a month. We will continue to do this with the classes having separate times/exit doors. To help deal with emergency situations, **kcs** posts emergency contact lists by each of the phones in the Centre.

#### NOTIFICATION OF TERMINATION/WITHDRAWAL

Parents are required to give <u>one month's notice</u> to the main office in advance of termination or to give one month's fees in lieu of notice.

#### SUSPENSION/DISMISSAL

We will work to pursue all possible avenues to prevent suspension or dismissal from the program. Should a child's behavior endanger the safety of the child or others and if the child's parents/guardians refuse support to assist the child in dealing with these behaviors, then the following procedures apply:

- concerns regarding a child will be brought to the attention of the parents/guardian
- every attempt will be made to resolve the problems by the Early Learning Team, the Program Director and the Principal/Executive Director
- if a resolution is not possible, the Principal/Executive Director reserves the right to dismiss the child from our Programs
- written notification of such dismissal will be given to the parents/guardians. Parents may appeal this decision to the Board of Directors.

#### PARENT/EARLY LEARNING TEAM COMMUNICATION

In maintaining a child-based and family-focused Centre, we are here to work in partnership with you. We are available by phone or in person to discuss any concerns. We are happy to have informal meetings at the parent's request. Appointments are necessary or we can set-up phone or video conference meetings. In Kindergarten, report cards are given two times per year: the middle and end of the year.

For general information, educators use a system called "Remind". Parents can download the APP called Remind and receive bulletins from the educator to keep them informed of interests, changes, schedules, etc. Parents can also get information on our Facebook page and through newsletters. As well, if you have a question, you can always call us or email us.

In order to help us provide the best possible education and care, we ask that you:

- call us if your child will be absent with the reason for their absence
- let us know of any illness/symptoms, or communicable disease
- keep your child at home if your child, due to illness, is unable to participate in the full day's routine including outdoor play
- inform us right away of any changes to work, home or cell phone numbers so that you can be reached at all times
- let us know immediately of any concerns, problems or ideas
- observe the smoke free environment

## **Section IV**

#### **PROGRAMS FOR CHILDREN**

We strive to be sensitive to and to include a variety of cultures, families, individuals and abilities. We strive to teach children to respect differences as well as to value their own unique qualities. We want to assist children to function successfully in a multicultural and multidimensional society.

#### **MODEL FOR LEARNING**

#### CHILD-CENTRED FOCUS AND LEARNING THROUGH PLAY

A developmental and child-centered focus is maintained by all programs with emphasis on each of the areas of SPICE-M: Social, Physical, Intellectual, Creative, Emotional and Moral development when considering the needs of each child. These goals are adapted to meet the needs of each developmental age group as well as the needs of individual learners.

To meet the development goals of SPICE-M, **kcs** Association programs provide opportunities so that children will develop in the following areas.

#### Socially

- Develop personal responsibility and independence
- Learn to express feelings in socially acceptable ways
- Practice meaningful communications

#### Physically

- Gain confidence in small and large motor activities
- Use and experiment with equipment and materials
- Develop understanding of their bodies in relation to space

#### Intellectually

- Gain problem-solving skills
- Understand similarities and differences in people and environment
- Develop the ability to work independently and with others

#### Creatively

Explore a variety of media in language, music and the arts

#### Emotionally

- Develop a secure sense of self in relation to others
- Explore feelings and expression of feelings

#### Morally

- Develop awareness of how their actions contribute to the well-being of others
- Develop a respect for their environments and peers around them

#### FLIGHT CURRICULUM

Flight is a new curriculum framework in Alberta that is an important tool to guide the important work of early learning and childcare educators with young children, and their families. Children's play is the central focus to this curriculum framework, and for thinking about how children learn and experience their worlds.

#### EDUCATOR AS PLAY PARTNER

The Educator's role is to participate in the child's learning by:

- using open-ended questions to facilitate language and understanding
- providing structure through daily routines, projects, and by setting learning PLAY objectives
- ongoing evaluation and adaptation of curriculum
- allowing for an active learning environment
- playing with children and encouraging exploration

#### **RESOURCE TEAM**

Our combined Team of educators and specialists are equipped to identify learning strengths and challenges. Individual programs are developed and coordinated with the classroom Team.

#### FIELD TRIPS

Parents will be notified about upcoming field trips through class newsletters/calendars.

#### **PROGRAMS**

#### **TODDLER**

The Toddler program is for children ages 19 months to 36 months with a maximum of 12 children per class. The program runs daily, Monday through Friday from 9:15 to 2:45.

#### **Activities Provided**

The Toddler program provides a supportive early education and intervention environment. It aims to support the development of:

- sensory motor abilities
- gross and fine motor coordination
- communication
- social and self-help skills

Toddlers will be able to experience various art and craft activities. They also participate in various cultural activities such as singing songs, doing action songs, dances, and stories. The children have free play time where they can explore various centers and experience learning through play and develop socialization skills.



#### PLAYSCHOOL

The Playschool program is for children who are 3 to 4 years of age with a maximum of 16 children per class. Classes are offered daily, Monday through Friday from 9 am to 2:30 pm.

The Playschool, through a play-based learning approach, offers opportunities for children to develop their:

- social skills by interacting with peers and caring adults
- sense of pride in their own individuality
- communication abilities
- creativity through various arts and crafts
- knowledge of music
- motor skills through fine motor & visual motor activities, gross motor activities and outside play to address sensory needs to enhance learning maximization

Feel free to talk to your child's educators regarding your child's program and progress.

- \*\*Please note, all children must be potty trained, with the exception of our Toddlers and Early Intervention children.
- \*\*Please note, there is no nap time in Playschool.

#### JUNIOR KINDERGARTEN

**kcs** Association offers a **Junior Kindergarten Program also referred to as Pre-Kindergarten**. Children, who are **4 years old** (as of December 31<sup>st</sup>) will learn together in an enriched, integrated setting. The program runs daily from 8:45 am to 2:15 pm.

In preparation for Kindergarten, the program focuses on a number of key skill areas.

- reading readiness via visual and auditory discrimination activities
- math readiness with counting, graphing and patterning skills
- arts and crafts exploration of a variety of media
- music and drama experiences

Specialized support including speech, occupational and physical therapy are available through the Early Intervention team.

- \*\*Please note, all children must be potty trained, with the exception of our Toddlers and Early Intervention children.
- \*\*Please note, there is no nap time in Junior Kindergarten.

#### **OUTDOOR ADVENTURES**

This program provides opportunities for children to learn within the scope of nature and uses the grand outdoors as a classroom. Much like the other programs, children participate in center play, literacy activities, crafts, music and interest-based activities. The program is open to all children ages 3 to 5 years old. Class size is limited to 13 children.

Outdoor Adventures is offered on Tuesdays, on Thursdays, and/or on alternating Fridays. The class runs from 9:00 am until 2:30 pm. Children are required to bring indoor shoes, snacks, lunch, a water bottle and appropriate outdoor clothing. The educator will provide a list of required supplies in September.

\*\*Please note, all children must be potty trained, with the exception of our Toddlers and Early Intervention children.

\*\*Please note, there is no nap time in Outdoor Adventures.



#### **KINDERGARTEN**

We are a member of AISCA (Association of Independent Schools and Colleges in Alberta) and we follow the Alberta Education curriculum.

According to the 'Win Win Program' (developed by Brent Galloway, Justin Rindal, & Bev Friesen), the best learning is achieved if these 9 areas are met:

- 1. Students learn better when class sizes are smaller. **kcs** Association caps the Kindergarten class at 15.
- 2. Students learn better with an integrated and interactive curriculum based around the student needs and interests. At **kcs** Association, we use cooperative learning, role-playing, games, discovery learning, field trips, and centers. This makes the curriculum more interactive and hands on.
- 3. Students learn best when they have the help they need. During center time, the student will get 1-1 help from the teacher. At **kcs** Association, we work very closely with the Early Intervention Team and the parents to access help when needed.
- 4. Students learn best when they are empowered to be the best they can be. At **kcs** Association, the children take turns being the helper of the day. They are empowered with techniques to solve social conflicts.
- 5. Students learn better when their learning styles are addressed. At **kcs** Association, every child is treated as an individual. Therefore, every child deserves a program to meet their needs. All Kindergarten children are evaluated by the Early Intervention Team to help establish learning styles.
- 6. Students learn best when there is recognition for positive behavior are there are fair and logical consequences for inappropriate behavior. At **kcs** Association, we emphasize children at their best. We work hard focusing on the things they are doing right and model appropriate behavior.

- 7. Students learn best when the physical space accommodates their needs. At **kcs** Association, the Kindergarten has centers and tables for group work. The centers meet a variety of needs such as fine motor, sensory needs, gross motor, creative and intellectual learning.
- 8. Students learn best when there is a 'team' approach to teaching and learning. At **kcs** Association, we have an open-door policy for parents. We work very closely with the classroom Early Interventionist and the Early Learning Program Director. Case conferences are also offered to students with exceptional learning needs.
- 9. Students learn better with fewer transitions. At **kcs** Association, Kindergarten classes run Monday, Wednesdays and alternating Fridays to assist children with establishing a daily routine typical of a school environment.

The program starts at 9:00 am and ends at 3:00 pm with a lunch break and 2 recesses similar to any school. Children bring their lunch and snacks and a water bottle. You will be provided with a list of supplies before school commences in September.

- \*\*Please note, all children must be potty trained, with the exception of our Toddlers and Early Intervention children.
- \*\*Please note, there is no nap time in Kindergarten

#### KIDS KAMP

Kids Kamp is a summer program that provides an enriched learning environment to enhance the skill development of children ages 19 months to 6 years of age. This is an inclusive program and available to children up to age 7 with the early interventionist. Kamp runs on a weekly basis, 4 days/week from 8:30 until 3:30. Each week is focused on a different interest.

#### Kamp provides:

- developmental and recreational experiences
- continuity for the pursuit of developmental goals in a fun and interactive environment with peers
- opportunities for children to express themselves creatively and improve on social, problem-solving and developmental skills throughout the summer.

Children need to bring lunch, snacks, running shoes, outdoor clothing sunscreen, hats and bug spray.

- \*\*Please note, all children must be potty trained, with the exception of our Toddlers and Early Intervention children.
- \*\*Please note, there is only nap time for Toddlers during Kids Kamp.

#### **EARLY INTERVENTION PROGRAM**

This program, in partnership with Alberta Education, serves children with exceptional learning needs. These include: mild to severe delays or difficulties including physical, mental, emotional, social or behavioral needs.

#### a). Classroom Component

The expectation for each preschool child is to extend play skills, interact with each other, and to increase responsibility and independence. This component is based on a small group approach in which most of the programming is presented through play-based activities. Each day provides opportunities to learn in small (2-3) or large (10 - 17) group activities. Learning experiences happen throughout the daily routine, for instance:

- Undressing at Arrival
- Free Play
- Songs, preschool skills, motor skills, language concepts, listening to stories
- Music Class choosing partners, peer interaction, music concepts
- Bathroom Schedule increasing independence
- Centre Time structured opportunities to use language and develop social skills
- Gym or Outside time to increase coordination, balance, movement, and cooperative play
- Dressing at Departure time

#### b) Therapy, Specialists and Adaptations

**kcs** Association works with various supports in meeting the needs of children. These supports include:

- Speech-language pathologists
- Occupational therapy
- Physical therapy
- Child Psychologist
- Early Interventionist

Specific skills are worked on individually and within the group to promote optimum development. Adaptations are made for the specific needs of each child to build on his/her strengths and to integrate the child fully into the activities.



#### c) Case Conference

**kcs** Association holds case conferences, in addition to in class attendance. This is to assist the learning team to work together to determine a plan that identifies and fosters the pursuit of the child's learning goals. Programming may be provided depending on the needs of the child.

Members of the learning team may include: parents, educators, speech-language pathologist, physical and occupational therapists, early interventionist, child psychologist, and the Program Director. Case conferences are held throughout the year, depending on the needs of the child.

The Early Interventionist will attempt to meet with the parents on a daily basis and/or through a communication book.

If it is the child's last year in the program, the Director will provide information to the parents regarding schools being considered for the following year to help make a smooth transition to the next school year.

#### d) Individual Program Plan (IPP)

Each child with exceptional learning needs will have his/her own Individual Program Plan (IPP). The IPP is the plan of specific, measurable goals for each developmental area as determined by the child's learning team. This plan is generally put together in the fall and regularly monitored for progress throughout the year.

#### e) Role of the Early Interventionist

It is the responsibility of the Early Interventionist to implement the child's IPP in collaboration with the educators. The Team works together to share ideas for program development, problem solving, developing specific strategies, evaluating progress, and reviewing goals.

## **Section V**

#### EARLY LEARNING PROGRAM FEES

#### **SOCIETY MEMBERSHIP**

**kcs** Association is a non-profit Society incorporated under the Society's Act. All families registered with **kcs** Association are considered members of our Society.

#### **FEES & PAYMENT**

Please see attached fee schedule on registration form.

- Non-refundable association fee of \$25.00
- Monthly fees must be paid within the first 5 business days at the beginning of each month.

- If fees are outstanding after the first 5 business days of the month, a notice of missed payment will be sent home stating the amount to be paid and the options for alternate arrangements going forward
- If no action is taken within two weeks of the notice, the child will be removed from their registered program.
- In the event of three (3) or more missed payments, the remaining balance for the years fees must be paid in full. Parents will have one month, from notification, to make this payment in full.
- Parents wishing to remove child from our programs are required to give 30 days notice or pay one month's fees.
- Executive Director's discretion will be used in exceptional circumstances.
- Preferred method of payment is Electronic Funds Transfer (EFT). We also accept e-transfers or cheques.

#### **SUBSIDY**

Our Early Learning Programs are eligible to accept subsidy.

#### Subsidy guidelines:

- If any portion of the monthly fees are not covered by Child Care Subsidy, it is the parent's responsibility to pay this remaining portion. Parents will be billed monthly for these fees.
- It is the parent/guardian's responsibility to keep all information current with Child Care Subsidy (i.e.: relationship status, work/school status, family income, reason for care, address, phone number etc.)
- If parent/guardian is eligible for subsidy they must provide **kcs** Association with copies of application and supporting documents. Monthly payment, or subsidy acceptance letter must be received by **kcs** Association prior to attendance.
- If parents wish to start their child before subsidy acceptance, monthly payments must be made. The parent will be reimbursed for fees paid when subsidy is received but will not be reimbursed for prior months paid before subsidy acceptance.
- If the parent/guardian becomes ineligible for any subsidy, they will be responsible for paying the full monthly fee.
- Renewal of subsidy must be started at the beginning of the month that the subsidy agreement expires, and copies of forms must be kept on file until acceptance letter is received.

#### **PROGRAM FEES**

#### 1. Society Membership:

• **kcs** is a non-profit society. All families accessing kcs Programs are considered members of our society.

#### 2. Program Fees:

• Toddler Program:

| 1 day per week  | \$115.00/month      |
|-----------------|---------------------|
| 2 days per week | \$230.00/month etc. |

#### • Playschool:

| ١ | yschool.       |                |
|---|----------------|----------------|
|   | 1 day per week | \$110.00/month |

#### • Jr. Kindergarten:

| ٠. |                |                |
|----|----------------|----------------|
|    | 1 day per week | \$110.00/month |

#### • Kindergarten:

| 0                     |                            |
|-----------------------|----------------------------|
| Monday, Wednesday and | \$99.00/year               |
| alternating Fridays   | May be additional fees for |
|                       | hours above 475 hours/year |

#### • Outdoor Adventures:

| 1 day per week      | \$110.00/month |
|---------------------|----------------|
| Alternating Fridays | \$55.00/month  |

<sup>\*\*</sup>Please note, all children must be potty trained, with the exception of our Toddlers and Early Intervention children.

#### **Extended Hours**

Extended hours can only be accessed when added to a regular program. Add the desired

Extended hours fee to your program fee.

| Program Morning &<br>Afternoon | Times                                 | <b>Monthly Fee</b>                                   |
|--------------------------------|---------------------------------------|--|
| 1 day/week                     | 8 am – 9 am and 2:00 pm to<br>4:30 pm | \$70 in addition to Program fee each day of the week |

<sup>\*</sup>Association Fee is non-refundable

<sup>\*</sup>Fees subject to change

<sup>\*</sup>Payment methods: EFT preferred. E-transfer and cheques also accepted.

#### **New Child Care Affordability Grant**

The Child Care Affordability Grant is universal and reduces these fees for eligible families. Eligibility is based number of monthly program hours. Effective January 1, 2024, they are changing the rates of Child Care Affordability Grant, a minimum parent fee of \$217.50 monthly if your child attends for 100+ hours, or a minimum parent fee of \$100.00 if your child attends 50-99 hours per month. Under 50 hours attendance per month is not eligible for Child Care Affordability Grant.

## **Section VI**

#### PARENTS AS PART OF OUR TEAM

You are an important part of your child's educational Team. In order to provide the best quality programming for your child we encourage parent/guardian participation. You will receive information on classroom activities, field trips and fund-raising events in the newsletter and through emails and the Remind APP. Your support is essential.

NEW: In the past, kcs Association has used mandatory fundraising fees to supplement program fees. However, parent participation in fundraising on a voluntary basis remained at a high level and mandatory fundraising has been discontinued again this year. We ae confident parents will continue with their every-present commitment in supporting kcs and their child whether it is a requirement or not. Thank you for your efforts.

kcs plans for 3 major fundraising events per year. Opportunities for fundraising will be included in the monthly newsletter and posted on the Facebook page.

#### **RESOURCES FOR EDUCATION**

**kcs** Association strives to aid parents in attending conferences, workshops, and purchasing resource materials that assist in understanding and enhancing the development of their child. Our Centre has a rich supply of parenting resources and information. Please be sure to advise us of materials that we can add to our collection.

#### **Facility**

Located within the Sylvan Lake Community center, certain facilities are shared. The parking is provided in the East end of the center. Public washrooms are conveniently located in the community center and are easily accessible. We also have one washroom specifically for the use of the children (especially potty-training time) easily accessible from all classrooms.

The playground is also a community-shared area.

#### **Classroom Layout**

The layout of all classrooms and childcare areas are conducive to effective supervision.

<u>NEW:</u> In addition, we have added an indoor safe playground that we call "kcs Fun Space". It includes many typical playground activities such as a slide, and teeter-totter. We have also added an obstacle course, plasma-cars and a rock-climbing wall so that your child can have opportunities for physical play during the day, a key component of learning.

#### **OPEN DOOR POLICY**

We believe that, together, we can make a difference. You understand your child best. In partnership with you, we can provide the best possible experience for your child.

With our open-door policy, you are welcome anytime. We will work with you and your child to deal with separation in order to foster your child's greater independence, so please talk with your child's educators about your needs.

\* <u>Please Note</u>: In order to visit your child's class or to volunteer at the Centre, all parents/family members are required to submit a **Criminal Record Check** that has been done before volunteering

#### kcs Parents Committee

The kcs Parent Committee will be active this year. Fundraising opportunities will be announced in the monthly newsletter and on the Facebook page. This year, monthly meetings will be held virtually. The first meeting will take place in September and information will be posted at the beginning of the school year.

## **Section VII**

#### **HEALTH AND SAFETY**

#### PARENT GUIDE TO ILLNESS

The following chart is given as a guide to common early childhood diseases and illnesses that may be encountered in a group setting. Your child's physician or local community health services can provide you with more detailed information. Routine early childhood immunizations and good hand-washing practices prevent many of these illnesses.

Information summarized from Alberta Health Services Guide to Communicable Diseases.

| Illness Name and Signs       | Time from exposure to | Infectious period when      |
|------------------------------|-----------------------|-----------------------------|
|                              | onset                 | spread                      |
| Chicken Pox                  | 2-3 weeks             | 1-2 days before to 5 days   |
| Low grade fever, achy and    |                       | after onset of the rash     |
| fussy, rash                  |                       |                             |
| Pink Eye (conjunctivitis)    | 24-72 hours           | Until antibiotics have been |
| White part of eye looks red, |                       | taken for 24 hours          |
| may have pus and feel itchy  |                       |                             |
|                              |                       |                             |

| Fifth Disease                       | 4-20 days                  | Greatest up to 2 weeks   |
|-------------------------------------|----------------------------|--|
| Very red rash that starts on        | 4-20 days                  | before rash appears, not   |
| cheeks and spreads to arms          |                            | infectious after appears   |
| and rest of body, may have          |                            | The state of the s |
| low grade fever                     |                            |  |
| Hand, Foot and Mouth <u>Disease</u> | 3-5 days                   | For the length of the illness, about 7-10 days   |
| Fever, ulcers in mouth and          |                            |  |
| blisters on hands, feet and         |                            |  |
| buttocks                            |                            |  |
| <u>Impetigo</u>                     | 1-3 days                   | From the time sores appear   |
| Rash especially face, around        |                            | until 24 hours after starting  |
| mouth and nose, and arms            |                            | antibiotic treatment   |
| and legs                            |                            |  |
| German Measles                      | 14-21 days                 | 7 days before rash appears   |
| Fine, raised pink rash,             | 14-21 uays                 | (up to ½ infections occur  |
| appears on face, neck and           |                            | without rash) and at least 4   |
| spreads to trunk, swollen           |                            | days after   |
| glands and achy joints              |                            | auy s areer  |
| Measles                             | 6-21 days after being in   | From 1-2 days before   |
| Moderate to high fever, red         | contact with someone who   | feeling sick until 4 days  |
| runny eyes, nose and cough,         | has the measles            | after rash appears   |
| child appears very ill, dusky       |                            |  |
| red blotchy rash that begins        |                            |  |
| on face and spreads to body         |                            |  |
| Baby Measles                        | 10 days                    | Unknown  |
| Sudden onset of fever, fever        |                            |  |
| disappears, and rash                |                            |  |
| appears, rash that starts on        |                            |  |
| trunk and spreads  Mumps            | 15-18 days                 | 6-7 days prior to swelling   |
| Mumps<br>Fever, swollen glands,     | 13-18 days                 | and up to 9 days after   |
| difficulty swallowing               |                            | swelling appears   |
| Whooping Cough                      | 7-20 days                  | From onset of cough until  |
| (Pertussis)                         | , 20 days                  | your child has had 5 full  |
| Begins with runny nose and          |                            | days of erythromycin or 3  |
| cough, cough is often worse         |                            | weeks from start of  |
| at night, can cause shortness       |                            | coughing or until coughing   |
| of breath                           |                            | stops  |
|                                     |                            |  |
| <u>Scabies</u>                      | 2-6 weeks in persons with  | Until mites and eggs   |
| Intense itching, especially at      | no previous exposure       | destroyed by treatment   |
| night, tiny blisters on             | 1.4.1.                     |  |
| elbows, hands, wrists, arm          | 1-4 days after re-exposure |  |
| pits; small raised areas then       |                            |  |
| wavy, grey-white burrows            |                            |  |

| Scarlet Fever              | 1-3 days | Until 24 hours after         |
|----------------------------|----------|------------------------------|
| Fever with sore throat and |          | antibiotics completed; up to |
| headache, may have red,    |          | 2-3 weeks if not treated     |
| swollen lips, fine pinkish |          |                              |
| red, raised, rough rash    |          |                              |

#### ILLNESS AND PROGRAM ATTENDANCE

| A child with the following symptoms will not be allowed to participate in kcs Association Programming. If the symptoms develop while the child is 'In-Centre' parents will be required to immediately remove the child: | A child may return to kcs Association programming when: |
|---|---|
| The child has a fever of 38.0 C (100.4 F)   | The child's fever has remained below                    |
|   | 38.0 C for 48 hours without medication                  |
| The child is vomiting or has diarrhea   | The child has been symptom free for 48                  |
|   | hours   |
| The child has a new unexplained rash or   | The child has been examined by a doctor                 |
| cough, sore infected eyes, or signs of any  | and has received written medical                        |
| contagious disease  | clearance   |
| The child has any bacteria/parasite related   | The child has been examined by a doctor                 |
| condition   | and has received written medical                        |
|   | clearance   |

#### ACCIDENT AND ILLNESS PROCEDURES

In the event of injury, the procedure will be as follows:

- a qualified Team member will administer first aid, if required
- the parent, or if parent is unavailable, emergency contact person will be contacted immediately
- an ambulance will be contacted, if required
- the child may be transported to one of the medical clinics in Sylvan Lake or to the emergency ward of Red Deer Regional Hospital, depending on the severity of the injury

In the event that a child falls ill while in the care of **kcs** Association, the procedure will be as follows:

- the child will be comforted by a Team member on her/his mat with a blanket in an area where he/she can be isolated from the other children, if required, and still be observed by a Team member
- parents will be contacted immediately and if unavailable then the emergency contact will be notified
- the child will be kept comfortable in the isolated area until the contacted person arrives
- an ambulance will be called, if required

- the child will be transported to a local medical clinic or Red Deer Regional hospital if needed
- In the case of a disagreement between a parent and staff member whether or not a child is ill, the Principal/Executive Director (or designate) shall make the final decision. It is the parent's responsibility to make alternative arrangements for their child.

A child can return to the program if the child's parent provides written notice from a physician indicating that the child does not pose a health risk or if **kcs** is satisfied that a child no longer poses a health risk to other children, caregivers, or staff (for example, the child has been symptom free for 48 hours).

**kcs** Association tracks all incidents, accidents, and illness on special forms in order to monitor trends, review areas of needed staff in-service, etc. These reports are reviewed by the Team member, the supervisor, the parent and the Principal/Executive Director. **kcs** Association is under government regulation to report incidents of a serious nature or illness trends to Regional CFSA and/or Health authorities.

Of course, the current AHS regulations are in place and strictly observed. We are required to follow the most restrictive rule whether it is AHS or Early Learning and Child Care Act.

#### **ADMINISTERING MEDICATION**

**kcs** Association Team will only administer medication to a child under the following conditions being met:

- o a physician prescribed the medication
- o the child's name is on the prescription
- o the prescription is given to the Centre by the parents or by authorized medical personnel
- o the prescription is current
- o the prescribed medication is in its original container
- o only the dosage and time on the label will be administered
- o a kcs consent form, signed by the parent is received

A record will be kept of the name, dose and time of all medications administered by a Team member as well as the name of the Team member administering the medication. Prescribed procedure will be followed to support asthmatic children with daily contact with the parents with regard to the child's condition and with record checks and reviews to support changes. Medication will be tagged and put in the locked cabinet except for emergency medication (epi pens and asthmatic medication) which will be kept up high in the individual child's backpack in a designated place out of reach of the children.

#### **SAFETY**

Providing safety is a priority. We want to take a moment to assure you that we have many ways to look after the safety of your child. We have the following practices in place:

- Children will only be released to an authorized adult
- o kcs Early Learning Team is trained in CPR and First Aid. This training is updated regularly.
- We are inspected for fire safety and fire drills are held regularly.

- All toys and equipment are selected with safety in mind and are checked daily and maintenance done as necessary,
- kcs Early Learning Team members are required to have a Criminal Records Check and Vulnerable Sector Check completed before they begin employment at the Centre. Both checks are renewed every 3 years.
- Volunteers are required to have a Criminal Records Check completed before volunteering.
- o Everything is cleaned and sanitized daily.

#### PEANUT SAFE/ALLERGY GUIDELINES

We are a peanut/nut safe-zone. This means that we strive to keep our environment safe from foods containing peanuts/nuts or that say 'may contain nut products'. This is for the protection of children who experience life threatening reactions. This can occur when peanut/nut residue on somebody's hands contacts a surface that the allergic person then touches.

Allergies are posted so that snacks that come into a classroom can be carefully chosen and monitored. You may be given a list of alternative snacks that may be brought into the classroom to replace foods/food products that produce allergic reactions in children.

#### **SMOKE FREE**

kcs Association is a smoke-free environment. Smoking of any type is not permitted near the facility and all posted requirements are observed.

#### **SUN SAFETY**

In order to protect your child from the intense rays of the sun, please be sure to send the following to the Centre with your child:

- sun hat
- sun screen
- sun glasses (are recommended)
- we do not administer sun screen that does not belong to your child

#### **REPORTING ABUSE**

Everyone who has a reason to believe that a child has been or is likely to be physically, sexually, emotionally abused and /or neglected is legally responsible to report the matter to Regional Child & Family Social Services Authority. Therefore, if **kcs** Association staff have reason to believe that a child is being or is likely to be abused and/or neglected, we are obligated to report to the appropriate authorities.